

# **OUTCOMES AND FUTURE STATE**

Medical Assistance Program Oversight Council January 10, 2020





#### the dental plan for HUSKY Health

#### **CTDHP Future State** 2019 Medical-Dental Integration 1.0 <u>A</u> **Dental Opioid Interventions** 2015 Claim Review (PA) Initiated **CTDHP** leads nation in 2010 Pediatric Utilization (CMS 416) **Data Driven Outreach Begins** 2009 **Network Exceeds Requirements** CTDHP Begins (9/2008) 2008 Carr vs. Wilson-Coker Settlement C 2007 Managed Care Re-Contracting 2000 Carr vs. Wilson-Coker 4 MCOs 1995 Medicaid Managed Care 11 MCOs 8 Traditional Medicaid (FFS) 1982

**CONNECTICUT MEDICAID** 

**DENTAL TIMELINE** 

1/10/2020



#### ABOUT BENECARE







- Support all of the 840,000 HUSKY Health Members
- Office in Farmington, Connecticut, ~36 employees
  - Client Services Center
  - Care Coordination & Outreach
  - Grievance & Appeals
  - Dental Professional/Network Relations
  - CT Dentist Consultants
  - Program Management
- Additional Services in Philadelphia
  - Prior Authorization
  - Finance



- CONNECTICUT DENTAL HEALTH PARTNERSHIP the dental plan for HUSKY Health
- Single Point of Contact for Members, Providers and Community Partners
- 1 Supervisor and 1 Manager
- 10 Client Service Representatives state
   7 are bilingual in Spanish
- Most staff have dental office experience
- Focused training
  - o customer engagement
  - $\circ$  dental referrals
  - $\circ$  appointment assistance





#### CARE COORDINATION & OUTREACH

- Eight Dental Health Care Specialists (DHCSs)
  - $\circ~$  All live and work in-state
  - $\circ$   $\,$  Six assigned to regions
  - Carry a caseload of clients from their region and perform outreach in their communities
  - $\circ~$  One DHCS for members with Special Health Care Needs
  - One DHCS to assist others & Connecticut Dental Health Partnership co-workers
  - $\circ$  Similar to Community Health Workers
- Outreach Coordinator
- Casework Coordinator

### PROVIDER RELATIONS



- Senior Network Development Manager
  - Provider recruitment & in-office support
- Two Professional Relations Representatives
  - Coordinate practitioner enrollment and re-enrollment
  - Maintain network data integrity
  - $\circ~$  Assist in dentist complaint resolution
  - Manage network communications
  - Administer authorizations for orthodontics with help of four Connecticut orthodontist consultants



## INITIATIVES: CARE COORDINATION & OUTREACH

- DHCSs worked **1,101 Care Coordination cases** in 2018.
- In 2018 we performed **844** in-person visits, presentations and events to Head Start, WIC, dental offices, OB/GYN's, pediatricians, family service agencies and others.
- We distributed **182,114 pieces of material in** 2018 including oral health kits for infants, perinatal women, children and adolescents/adults; program booklets, posters, referral pads and more.
- In 2018 16,480 members received dental services performed by medical providers including oral assessments and fluoride varnish applications.



#### INITIATIVES: CLIENT SERVICES OUTREACH

the dental plan for HUSKY Health

	Outreach Call Volume (Calendar Year)			
	2017	2018	2019	Notes
Automated Calls	361,547	500,137	513,995	<ul><li>Types of Calls:</li><li>Not compliant with preventive dental schedule</li><li>Adults close to benefit limit max</li></ul>
<ul><li>Attempted</li><li>Successful</li></ul>	162,713	220,744	218,929	<ul> <li>Problem focused exam limit</li> <li>Clients seen in ED for dental complaints</li> </ul>
In-Person Calls: New Member	2,551	8,620	7,389	CHNCT provides CTDHP with data on new members who complete their risk survey. CTDHP correlates that data into new member outreach.
In-Person Calls: Perinatal		3,238	11,145	Educating perinatal women on the importance of regular dental visits during pregnancy.

Note: New Member Outreach calls began November 2017; Perinatal Outreach calls began September 2018.



### INITIATIVES: CLIENT SERVICES OUTREACH

- Improvements in both the rate of service uptake and a shorter interval from initial enrollment to a dental appointment across both new member and perinatal cohorts.
- Increase in preventive utilization across all age groups and cohorts.
- Consistent with overall outreach, informing and awareness impacts on utilization and service uptake.



#### INITIATIVES: PROFESSIONAL RELATIONS

- Created a web-based orthodontic prior authorization process in 2019
  - Our web-based orthodontic prior authorization tool accepts 2 new digital model types.
  - $\circ$  Physical model process transformed to digital.
  - The average turnaround time for orthodontic prior authorizations has been reduced from 3 weeks to 1 week or less.
  - Integrated and systematic capture of provider office capabilities and specialties during provider survey process including ~30 dental office attributes.
    - Allows us to use office attributes to make appropriate referrals across member needs during live appointment assistance.



#### DEFINING ACCESS





#### PROGRAM OUTCOMES: GEOGRAPHIC ACCESS

- CTDHP data analysis shows a high level of geographic access.
- Mapping of member address and dental office address as the crow flies.
- Dentists accepting new patients
- Contract standard is 1 dentist within 20 miles.
- Only about 1,500 CTDHP members do not have <u>at least</u> one dentist in 10 miles of their residence.

Dentist(s), accepting new	% of clients with this
patients	access
1 in 20 miles	100.0%
2 in 20 miles	99.9%
1 in 10 miles	99.8%
1 in 5 miles	96.7%











99% of HUSKY Health children

live in areas where there is at least one Medicaid dentist per 2,000 publically insured children within a 15-minute travel time

versus



Source: "Geographic Access to Dental Care: Connecticut", American Dental Association Health Policy Institute, https://www.ada.org/en/science-research/health-policyinstitute/geographic-access-to-dental-care?source=PromoSpots&medium=ADAHPIRotator&content=GeographicAccess, Accessed 2018-02-26



#### PROGRAM OUTCOMES: CAPACITY

- Before CTDHP (2006) there were about 300 Dentist Access Points (DAP), in 2019 there are eight times as many.
- DAPs are <u>a dentist at a service</u> <u>location</u>. This is the historical measure used in HUSKY Health.
- As of 12/31/2019 there were 1,749 individual dentists at 1,041 office locations for 2,439 DAP.





#### PROGRAM OUTCOMES: AVAILABILITY

- Mystery Shopper Surveys are conducted about every other year by United Way of Connecticut.
- In 2017 'Child mystery shoppers' were able to get a routine appointment 87% of the time with an average wait time of 8.3 days.
- In 2017 'Adult mystery shoppers' were able to get a routine appointment 81% of the time with an average wait time of 6.8 days.

#### 16 14 12 10 Days 8 6 4 2 2009 2010 2012 2013 2014 2015 2016 2017 2011 Calendar Year

#### **Child Mystery Shopper Appointment Wait Times**



#### Dental Offices in HUSKY Health are Actively Seeing Patients

- 93% of CTDHP Dental Providers are billing claims.
- 80% billed more than \$10,000 in 2018, a common measure for active providers.
- Only 7% did not bill in 2018
- Providers not accepting new patients: 10.9%



**PROGRAM OUTCOMES:** 

CAPABILITIES



CONNECTICU

HFAITH PARTNERSHI the dental plan for **HUSKY Health** 

## **HEALTH OUTCOMES: CHILD DENTAL UTILIZATION**

- Child dental utilization has • (~35%) and for eight years CT has been in the top two states nationally
- In 2016 the national average for ulletchild dental utilization was 50.4%

Any Dental



Prevention



Source: CMS-416 Reports; data provided by each state to the federal Centers for Medicare & Medicaid Services (CMS)

Treatment



### HEALTH OUTCOMES: ADULT DENTAL UTILIZATION

- Adult Dental Utilization rose from about 27% in 2006 (before CTDHP) peaking in 2011
- Nationally it is in decline per the American Dental Association
- CT is one of only 19 states with comprehensive adult dental benefits





Source: CTDHP internal measure constructed to conform with CMS-416 data selection criteria for adults.



1/10/2020



#### FINANCIAL OUTCOMES: BENDING THE COST CURVE

Child Dental Costs PMPM



Source: CTDHP Internal Report; PMPM ('Per Member Per Month' cost of care)

#### **Adult Dental Costs PMPM**





## **MEMBER EXPERIENCE**



## LOOKING FORWARD: SOCIAL DETERMINANTS OF HEALTH

- HUSKY Health clients are impacted by the conditions in which they are born, grow, live, work and age.
- CTDHP has negotiated an agreement with United Way of Connecticut (UWC) to assist us in using their 211CT HealthyLives Navigator, an on-line tool to screen for social determinants of health and provide links to resources to meet those needs.
- UWC would train our staff and accept our referrals of clients with complex needs that require additional assistance.







## LOOKING FORWARD: MEDICAL-DENTAL INTEGRATION

- Understanding key linkages between oral health and overall health and working to systematize dental chronic disease management for members with certain medical conditions:
  - o Diabetes
  - Hypertension
  - o Certain Cancers
  - Pregnancy
  - Others Conditions
- Supports for Primary Care Physicians in delivering Bright Futures EPSDT periodicity schedule dental deliverables to their patients.
- Supports for PCMH and PCMH+ patient oral health status, anticipatory guidance, screening and referrals.



### **ORAL-SYSTEMIC CONNECTIONS**



1/10/2020Source: Fiona Q. Bui, Cassio Luiz Coutinho Almeida-da-Silva, Brandon Huynh, Alston Trinh, Jessica Liu, Jacob Woodward, Homer Asadi, David M. Ojcius,<br/>Association between periodontal pathogens and systemic disease, Biomedical Journal, Volume 42, Issue 1, 2019, Pages 27-35, ISSN 2319-4170<br/>(http://www.sciencedirect.com/science/article/pii/S2319417018302634)25



#### LOOKING FORWARD: ENHANCING UTILIZATION MANAGEMENT

- Dentally Prescribed Opioid Measures and Interventions
- Quality Assurance Clinical Management & Practitioner Communications
- Member Engagement in Fraud, Waste and Abuse Detection
- Exploring Value-Based Payment models for dentistry to reward qualified, Enhanced Dental Homes



#### CHALLENGES: INTERNAL FACTORS

- HUSKY Health Dental Network Adequacy Trends
  - Impacting specialty care appointment availability
  - May impact future network capacity
- Oral Health Not Prioritized in Primary Care Medical Settings
  - Pediatric PCPs questioning participation in ABC dental service delivery
  - PCMH/PCMH+ dental metric trends raise concerns





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Utilization measures are not necessarily indicative of oral health status or dental need.



# **COMMUNITY PARTNER EXPERIENCE**

Meredith C. Ferraro Executive Director (retired) Southwest AHEC, Inc.





# To enable all HUSKY Health members to achieve and maintain good oral health.

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